

Grant High School

Physical Education Department

Philosophy, Objectives & Policies

The Physical Education Department at Grant Community High School believes that participation is the foundation upon which our program is based. Physical Education is committed to the observation and promotion of the general purposes of education, which are self-realization, human relationships, economic efficiency, and civic responsibility. The curriculum will provide for individuals to develop healthy lifestyles, enabling them to learn recreational activities, which will enhance those lifestyles.



Physical Education Objectives

- To promote physical growth, development, and maintenance through activities that build strength, vigor, vitality, skills, and coordination that leads to the ability to do the day's work without undue fatigue and to have additional energy for out-of-work personal and social accomplishments.
- To contribute to the development of social competencies in the areas of interpersonal relationships, cooperation, competition and sportsmanship, tolerance, character and recognition of the fundamental worth of each individual.
- To promote emotional development through contributions toward individual adjustment, emotional self-mastery, adjustment to others, relaxation, satisfying self-expression, confidence, poise, and freedom from excessive self-confidence.
- To promote healthful and interesting recreation for the present as well as to establish foundations for wholesome, life-balancing recreation.

Key Rules & Regulations

- All locks must be school issued locks.
- Lockers should be locked at all times.
- **Backpacks and valuables should not be brought to class.**
- Cell phones, MP3 or iPods are not to be brought into the locker rooms.
- Students are required to be in class on time. Be on your line for attendance before the bell rings.
- Any use of bathrooms or drinking fountains outside of the gymnasium is prohibited.
- Students are expected to dress everyday for class.
- Jewelry should not be worn in class.
- Vandalism will not be tolerated.
- Respect the rights of all individuals in class, including fellow students and teachers.



Policy & Procedures

Uniform Policy:

- All students must wear Grant issued gym shorts and gym shirts to class, **everyday**.
- During cool weather students may wear Grant P.E sweats or sweats from home. Sweats from home must be worn underneath the Grant issued P.E. uniform.
- Proper shoes and athletic socks must be worn.
- Loaners may be supplied when needed for 50 cents per item (shorts and/or shirt).
- Ripped or torn uniforms are not accepted.
- New uniforms are available at the price of \$9 for shorts and \$11 for a shirt.
- “No Dresses” cannot be made up. The student will receive a zero for that day and the grade will be accompanied by the code “REF” for refusal in Skyward.

Attendance Policy:

- All students are expected to in class and prepared, everyday.
- Absences are expected to be made up one week from the students return to school.
- If you are unsure of an absence verify with your teacher.

Make Up Policy:

Students are allowed to make up any absence.

- Absences can be made-up during Physical Education Classes throughout the day (1st-10th hour).
- Make-ups can also be done at voluntary before or after school workout sessions.
- There will be individual accommodations made for those who are unable to make up days with these options.
- If an absence is not made up within the week the student’s grade will remain a zero and it will be accompanied with the code “REF” for refusal.

Physical Education Department Staff

(847) 587-2561

Dave Behm

dbehm@grantbulldogs.org
ext. 239

Wayne Bosworth

wbosworth@grantbulldogs.org
ext. 435

James Cramer

jcramer@grantbulldogs.org
ext. 339

Jessica Dart

jdart@grantbulldogs.org
ext. 458

Karen Davidson

kdauidson@grantbulldogs.org
ext. 446

Dan Dunlavy

ddunlavy@grantbulldogs.org
ext. 415

Amanda Morman

amorman@grantbulldogs.org
ext. 398

Stacy Petrovitch

spetrovitch@grantbulldogs.org
ext. 245

Sue Thompson

sthompson@grantbulldogs.org
ext. 254

Carl Uphoff

cuphoff@grantbulldogs.org
ext. 293